



## The Fourth Plinth Schools Awards



Open to all primary and secondary schools across London, the Fourth Plinth Schools Awards provide an opportunity for students to design an artwork inspired by the contemporary art commissions, past and present, for the Fourth Plinth in Trafalgar Square. Pupils aged 5-15 are invited to make an artwork in any media and submit it digitally. Entries are welcome in a variety of different art forms including drawing, painting, sculpture, collage, digital designs, and even digital film. All entries will be displayed in a giant online gallery where they will be judged by Yinka Shonibare MBE, the current recipient of the Fourth Plinth Commission.

The winning artwork from each London borough will feature in an official public exhibition at City Hall and will be entered into the London wide competition to win a visit to Yinka Shonibare's studio in East London. Friday 17th December is the deadline for submissions and winners will be announced in January. For details visit [www.london.gov.uk/fourthplinth](http://www.london.gov.uk/fourthplinth).

The picture shows Year 1 pupils from St Paul's Church Of England Primary at the unveiling of the Mayor of London's new Fourth Plinth Artwork Yinka Shonibare's Nelson's Ship in a Bottle with the Mayor and Yinka Shonibare in May.

## New swim programme in Highgate & Southgate

Swimtime London are pleased to offer children and adults the opportunity to join their learn to swim programme at LA Fitness. So far to date they have been able to teach hundreds of children & adults to swim and this has been due in large measure to the tremendous benefits they offer, including small teacher/pupil ratios (typically 8 pupils per class) and highly qualified, professional and friendly teaching staff. There are no waiting lists to join the classes in Southgate or Highgate so to find out how to enrol your child call 01923 439529 or email [London@swimtime.org](mailto:London@swimtime.org).



## The Big 11+ Mock Test, North London

The Big 11+ Mock Test in North London is being held on Saturday 30th October. A great opportunity to perfect exam technique, rank your child's performance against others and receive feedback before the real exams. Book also for the 11+ Exam Tips and Strategy sessions on Thursday 28th & Friday 29th October covering key points children must remember to succeed in Maths, English, VR and NVR. Venue: Woodhouse College, North Finchley N12. Visit [www.11plusMockTests.com](http://www.11plusMockTests.com) to book now.

## How can you help your child overcome learning difficulties?

The Raviv Method is a targeted movement and exercise programme designed for people of all ages to overcome learning difficulties such as Dyslexia, Dyspraxia, Dysgraphia, AD(H)D Autism, Global developmental delay and Language & speech impairment.

### The Raviv Method

For learning to be effective, communication between the brain and body are vital. When communication is impaired, this can manifest itself in specific learning

difficulties sometimes in isolation but often appearing as a mixture of symptoms. For example, it is now widely accepted that good overall coordination has a major role to play in reading (eye tracking), pencil grip (fine motor skill), hand-writing (posture and muscle tone) and focus and concentration (balance and overall coordination).

### How the method works

The method involves different games and exercises which are specifically designed to improve

skills such as memory, visual perception, motor coordination, reading, sequential thinking (Maths) and through interaction with the practitioner, inter-personal skills.

### Length of programme

The program is very intensive and focussed and can last anything between five – six months.

### Why choose the Raviv method?

- It's fun and requires just 20 minutes of daily exercises.
- Learning continues for some time after the programme has ceased. Improves confidence and self-esteem.

### Follow on programmes

Once the basic skills for efficient learning are in place, it is possible for clients to move onto other programmes such as Fast ForWord offered exclusively by Pallvi Shah.

### Fast ForWord

Based on 30 years of research and patented technology Fast ForWord is a computer based educational program that builds the brain's learning capacity, making learning easier and faster because

Fast ForWord strengthens both Cognitive Skills and fundamental Reading & Language Skills.

### Reading and Language skills strengthened by Fast ForWord:

- Phonemic awareness
- Sound-letter association
- Reading fluency • Comprehension
- Spelling • Vocabulary

### Why choose Fast ForWord?

- Continually adapts to each individual students learning needs.
- Integrates intensive learning with fun interactive computer games.
- Quick lasting learning gains.
- Covers both Primary and Secondary level competency requirements.

For further information please contact:


### Roshni Shah (Pinner)

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### Pallvi Shah (Southgate)

on 07939 527548, email [pallvi.shah@live.co.uk](mailto:pallvi.shah@live.co.uk) or visit [www.activelearning4all.com](http://www.activelearning4all.com)

## Overcome Learning Difficulties



### Help4Learning


incorporating the Raviv Method

A targeted movement and sensory based programme to help with many learning difficulties including:

- Dyslexia • Dyspraxia ADD & AD(H)D
- Autism/Asperger's Speech & Language
- Auditory Processing Focus & Concentration • Self-confidence

Fast and efficient. Usually requiring no more than 20-24 sessions.

**Contact: Roshni Shah**  
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Email: [roshni@help4learning.com](mailto:roshni@help4learning.com)  
[www.help4learning.com](http://www.help4learning.com)



### Active Learning

4 All incorporating Raviv and Fast ForWord

Fast ForWord is a patented computer based educational software programme, building on key cognitive and language skills such as:

- Memory/Attention • Processing speed
- Sequencing • Comprehension
- Phonemic awareness

Intensive home-based study, recommended by educational professionals.

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